

Callay Boire-Shedd

Eugene, OR | 360-302-0683 | boiresheddc@gmail.com | In: Callay Boire-Shedd | she/they

PROFESSIONAL EXPERIENCE

Owner/Co-Founder

January 2026 - Present

All Forward Consulting, Port Townsend, WA

- Co-founded intergenerational consulting firm dedicated to moving clients towards a sustainable, inclusive forward-focused future.

Recreation Program Assistant

Nov 2024-Present

City of Eugene Teen Empowerment

Eugene, OR

- Design and facilitate youth development programs focused on leadership, resilience, mental health, and outdoor education for teenagers across Eugene.
- Lead 12 to 15 participants in outdoor skills cohort serving youth with limited access to high-adventure outdoor recreation opportunities every quarter
- Coordinate and facilitate a 15 participant Sources of Strength mental health cohort that empowers teens to identify personal strengths and lead peer-based wellness campaigns throughout the city.
- Developed and launched the first citywide *Sources of Strength* suicide prevention program in Oregon.
- Foster inclusive, supportive environments that encourage self-expression, confidence, and life-skill development.
- Helped facilitate the small grant program for youth serving organizations throughout Eugene
- Works with CivicRec, PeopleSoft, Microsoft Suite.

Swiftwater and Kayak Instructor

April 2024- Present

Gradient River Essentials

Eugene, OR

- Co-taught co-ed two-day Swiftwater rescue courses and taught women's Swiftwater rescue courses.
- Coached and taught private beginning and intermediate kayak instruction.
- Managing the rescue side of teaching/managing groups/disagreements.
- Philosophy that my training is based on you falling on your training you don't rise to the occasion.

Behavioral Support Specialist

Feb 2024-Nov 2024

Riverview Center for Growth

Eugene, OR

- Provided 9 youth weekly case management meetings and daily behavioral support for high school-aged clients with trauma histories in a day treatment setting.
- Facilitated interventions and led weekly social skills groups to support emotional regulation, communication, and personal growth.

- Assisted daily with teaching academic subjects including math, science, health, and psychology within a therapeutic educational environment.
- Collaborated with multidisciplinary team members to promote client success, behavioral progress, and family engagement.
- Supported Riverview's mission of strengthening individuals, families, and the community through emotional and behavioral healing.

Outdoor Instructor

March 2023 -Nov 2024

City of Eugene River House Outdoor Center

Eugene, OR

- Instructed 350 youth and adults in whitewater and flatwater kayaking through after-school programs, summer camps, and overnight outdoor education experiences.
- Taught 50 American Canoe Association Level 4 Swiftwater Rescue courses focused on river safety, emergency response, and technical rescue skills.
- Delivered League of American Bicyclists bicycle safety education for 15 schools and about 800 students in Eugene, Oregon.
- Prioritized participant safety, skill progression, and confidence-building in outdoor recreation settings.

Adventure Guide

June 2022- August 2022

Adventure Without Limits

Forest Grove, OR

- Led whitewater, climbing, and flatwater kayaking experiences for people who traditionally have not had access to outdoors experiences.
- Adventure without Limits drew me in because of the mission which focuses on getting people outside.
- Oversaw trip organization and logistics, ensuring safe and positive experiences for all participants.
- Facilitated group communication and cooperation; helped foster meaningful connections between 12 to 40 participants with a variety of disabilities including limb differences, allergies, visual impairment and deaf.

Photography/Video Intern

June 2022- August 2022

Whitman College Communication Department

Walla Walla, WA

- Created photo and video content for Whitman College's Communication Department, including social media, print, and website content.
- Worked with Nikon 7500 and Canon R5, Adobe Photoshop, Adobe Lightroom, Adobe Premiere Pro to produce professional images and videos.

Campaign Intern

May 2020- Nov 2020

People for Derek Kilmer

Tacoma, WA (Remote)

- US congressional campaign in 2020 election season

- Phonebanked with CallHub and Open Virtual Phonebank made over 8000 calls having conversations with constituents about concerns they have during 2020

EDUCATION

BA Psychology, specialization in development and community psychology Dec 2022
Whitman College Walla Walla, WA
Thesis: Adolescent Development and Learning Theory in Wilderness Therapy
AA General Studies June 2019
Peninsula College Port Townsend, WA

VOLUNTEER EXPERIENCE

Founding Board Member/Program Advisory Board April 2017 - Present
The Benji Project Port Townsend, WA

- Served on the founding board of directors, helping shape the organization's mission, strategic vision, and early program development.
- Continue supporting the organization through participation on the Program Advisory Board.
- Organize fundraising initiatives, engage with donors, and contribute to long-term organizational planning and outreach efforts.
- Support programming focused on youth resilience, mental health, and personal growth.

Swiftwater Rescue Instructor March 2025
Paddle Tribal Water Academy Rio to Rivers Eugene, OR

- Taught a Swiftwater rescue course to the youth who were about to do the first descent of the undammed Klamath River.
- Managing the rescue side of teaching/managing groups/disagreements of 16 youth and their instructors.

Program Facilitator September 2022 - October 2022
Misconceptions of Disability in the Outdoors Walla Walla, WA

- Organized a campus-wide presentation featuring Nyles Asher to promote conversations about disability inclusion in outdoor recreation spaces
- Collaborated with trip leaders in the Whitman Outdoor Program to identify strategies for creating more inclusive and accessible outdoor trips
- Met with program leadership to evaluate accessibility practices and recommend improvements for disability inclusion within outdoor programming
- Facilitated discussions aimed at challenging preconceived notions surrounding disability and participation in outdoor space

Program Creator October 2017 - December 2018
The S-Word Film Tour Port Townsend, WA

- Spearheaded a community- and school-based suicide prevention program utilizing *The S-Word* film screenings, facilitating student-led discussions with support from volunteer local therapists.
- 10 youth got help through the program that never would have gotten help before

CERTIFICATIONS

National Outdoor Leadership School Wilderness First Responder and CPR Exp. Oct 2026

Provision Trainer of Sources of Strength Secondary Education Curriculum Exp. 2029

American Canoe Association Level 4 River Kayak Instructor and Level 4 Swiftwater Instructor Exp. 2029